**Scriptures - “Fear Not…”**

by Bethany Barkey

Over the years I’ve highlighted, circled, and underlined verses in my Bible that have been a comfort and encouragement to me. If you have favorites I’d love to hear yours too!

As you read over them, if one jumps out to you I would really recommend reading the full story/chapter. We have a Creator that has a long history of taking care of people in tricky, scary, and even impossible situations.

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1. *“Do not be afraid of them; the Lord your God himself will fight for you.” Deuteronomy 3:22*
2. *“Be strong and courageous. Do not be afraid or terrified because of them, for the Lord your God goes with you; he will never leave you nor forsake you.” Deuteronomy 31:6*
3. *He found him in a desert land, and in the howling waste of the wilderness; he encircled him, he cared for him, he kept him as the apple of his eye.
Deuteronomy 32:10*
4. *“Have I not commanded you? Be strong and courageous. Do not be terrified; do not be discouraged, for the Lord your God will be with you wherever you go.” Joshua 1:9*
5. *“Even though I walk through the valley of the shadow of death, I will fear no evil, for you are with me; your rod and your staff, they comfort me.” Psalm 23:4*
6. *“I prayed to the Lord, and he answered me. He freed me from all my fears.” Psalm 34:4*
7. *“God is our refuge and strength, an ever-present help in trouble.” Psalm 46:1*
8. *“Cast your cares on the Lord and he will sustain you; he will never let the righteous fall.” Psalm 55:22*
9. *“When I am afraid, I put my trust in you." Psalm 56:3*
10. *“You will not fear the terror of night, nor the arrow that flies by day, nor the pestilence that stalks in the darkness, nor the plague that destroys at midday. A thousand may fall at your side, ten thousand at your right hand, but it will not come near you…For he will command his angels concerning you, to guard you in all your ways…“Because he loves me,” says the Lord, “I will rescue him; I will protect him, for he acknowledges my name. He will call upon me, and I will answer him; I will be with him in trouble, I will deliver him and honor him…” Psalm 91:4-16*
11. *“When anxiety was great within me, your consolation brought joy to my soul.” Psalm 94:19*
12. *“The Lord is with me; I will not be afraid. What can man do to me? The Lord is with me; he is my helper.” Psalm 118:6-7*
13. *“An anxious heart weighs a man down, but a kind word cheers him up.” Proverbs 12:25*
14. *“The heart of man plans his way, but the Lord establishes his steps.” Proverbs 16:9*
15. *“Let your eyes look directly ahead. And let your gaze be fixed straight in front of you.” Proverbs 4:25*
16. *“Trust in the Lord with all your heart, and do not lean on your own understanding. In all your ways acknowledge him, and he will make straight your paths.” Proverbs 3:5-6*
17. *“Tell everyone who is discouraged, Be strong and don’t be afraid! God is coming to your rescue…” Isaiah 35:4*
18. *“'For I am the Lord, your God, who takes hold of your right hand and says to you, Do not fear; I will help you. Do not be afraid, for I myself will help you,' declares the Lord, your Redeemer, the Holy One of Israel.” Isaiah 41:13-14*
19. *“But now, this is what the Lord says…Fear not, for I have redeemed you; I have summoned you by name; you are mine.” Isaiah 43:1*
20. *“If we are thrown into the blazing furnace, the God we serve is able to deliver us from it, and he will deliver us from Your Majesty's hand. But even if he doesn’t, we want to make it clear to you, Your Majesty, that we will never serve your gods or worship the gold statue you have set up.” Daniel 3:17-18*
21. *“The Lord your God is in your midst, A victorious warrior. He will exult over you with joy, He will be quiet in His love, He will rejoice over you with shouts of joy.” Zephaniah 3:17*
22. *“Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own.” Matthew 6:34*
23. *“Peace is what I leave with you; it is my own peace that I give you. I do not give it as the world does. Do not be worried and upset; do not be afraid.” John 14:27*
24. *“Jesus told him, ‘Don’t be afraid; just believe.’” Mark 5:36*
25. *“Yet he did not waver through unbelief regarding the promise of God, but was strengthened in his faith and gave glory to God.” Romans 4:20*
26. *“And I am convinced that nothing can ever separate us from God’s love. Neither death nor life, neither angels nor demons, neither our fears for today nor our worries about tomorrow—not even the powers of hell can separate us from God’s love.” Romans 8:38-39*
27. *“ Do not be conformed to this world, but be transformed by the renewal of your mind, that by testing you may discern what is the will of God, what is good and acceptable and perfect.” Romans 12:2*
28. *“So we don’t look at the troubles we can see now; rather, we fix our gaze on things that cannot be seen. For the things we see now will soon be gone, but the things we cannot see will last forever.” 2 Corinthians 4:18*
29. *“Take captive every thought.” 2 Corinthians 10:5*
30. *“Therefore I will boast all the more gladly of my weaknesses, so that the power of Christ may rest upon me. For the sake of Christ, then, I am content with weaknesses, insults, hardships, persecutions, and calamities. For when I am weak, then I am strong.” 2 Corinthians 12:9-10*
31. *“Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus… Whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things.
Philippians 4:6-8*
32. *“For God has not given us a spirit of fear, but of power and of love and of a sound mind.” 2 Timothy 1:7*
33. *“But even if you suffer for doing what is right, God will reward you for it. So don’t worry or be afraid of their threats.” 1 Peter 3:14*
34. *“Humble yourselves, then, under God’s mighty hand, so that he will lift you up in his own good time. Leave all your worries with him, because he cares for you.” 1 Peter 5:6-7*
35. *“There is no fear in love. But perfect love drives out fear, because fear has to do with punishment. The one who fears is not made perfect in love.” 1 John 4:18*
36. *“Then he placed his right hand on me and said: 'Do not be afraid. I am the First and the Last.'” Revelation 1:17*